

Consider a occupied parent in Cerritos balancing daily errands near the Los Cerritos Center who finally chooses to seek counseling. The first concern is often: should they arrange an in-person visit, or try Medi-Cal online therapy from their living room? Both option provides meaningful advantages, and learning the differences allows Cerritos individuals make a smarter choice for their mental health.

Clinical Outcomes: Online vs In-Person

Evidence repeatedly shows that telehealth mental health support produce outcomes comparable to what traditional in-person therapy offices. Patients meeting with a licensed counselor via a secure online connection experience similar improvements in depression as those attending a physical office.

For numerous Cerritos individuals near Bloomfield Avenue or the Artesia Boulevard corridor, accessing a clinician at a physical location often proves challenging because of transportation barriers. Medi-Cal online therapy eliminates those hurdles and does not reducing the depth of clinical support. Eye Cue Mental Health has seen firsthand that online therapy appointments can be equally impactful as traditional appointments.

Accessibility Differences for Cerritos Residents

Medi-Cal online therapy offers people all around Cerritos and neighboring cities such as Long Beach, Norwalk, and Lakewood the freedom to speak with a trained mental health provider without travel away from their neighborhood. That's particularly valuable for people residing near Gridley Road or South Street dealing with travel barriers.

In-person therapy coverage through Medi-Cal continues to be a strong path for those who value face-to-face connection with their provider. Some patients believe that meeting in the same space as their therapist strengthens the clinical bond. Eye Cue Mental Health honors each approach and helps every client choose the format that fits best.

- Medi-Cal online therapy allows clients attend sessions directly from their residence, office, or quiet location.
- In-person therapy appointments may suit people who prefer dedicated in-person environments.
- Telehealth appointments reduce commute time for individuals along Del Amo Boulevard or Norwalk Boulevard.
- Medi-Cal coverage typically include both format of counseling.

Cost Differences Between Both Options

A key most common concerns Cerritos residents bring up is whether Medi-Cal online therapy is priced more than in-person appointments. For most clients, Medi-Cal benefits cover either format at little or no out-of-pocket expense to the client. That means cost-related concerns remain the same regardless of setting you choose.

That said, there may be hidden costs to consider. In-person therapy appointments often bring transportation costs, parking, or time away from daily routines. Medi-Cal online therapy via Eye Cue Mental Health removes the bulk of those additional burdens, making online therapy a more cost-effective option for countless individuals throughout Cerritos.



Business Name: Eye Cue Mental Health

Business Address: 17215 Studebaker Road Suite 110, Cerritos, CA 90703

Business Phone: (562) 860-2891

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Just a short drive from Cerritos College, Eye Cue Mental Health runs a mental health clinic with bilingual clinicians and weekend hours.

Privacy and Comfort in Each Setting

Many clients find greater comfort exploring personal issues from the familiarity of their private environment. Medi-Cal online therapy encourages that sense of safety, notably for clients near Heritage Park or the Cerritos Towne Center who may feel stigma around visiting a counseling facility.

On the other hand, in-person therapy sessions give a structured environment outside of home distractions, which some individuals find improves their engagement during sessions. Eye Cue Mental Health clinicians are equipped to family counseling service deliver high-quality therapy in both format, so that every Cerritos individual receives the most effective therapeutic support.

Therapy Access Cerritos: Which Is Right for You?

Deciding on between Medi-Cal online therapy and in-person appointments depends on your personal situation. Individuals living with serious emotional challenges may do better with additional regular in-person contact with a credentialed clinician. Meanwhile, those wanting accessible therapy access in Cerritos often find that telehealth mental health options fit their daily routine more naturally.

Eye Cue Mental Health supports individuals all around Cerritos and surrounding areas including Whittier, Anaheim, and Buena Park, offering either options under Medi-Cal benefits. Whether you choose in-person therapy coverage, our providers at Eye Cue Mental Health is ready to assist you seven days a week from 8 AM to 10 PM. Call (562) 860-2891 or check out eyecuemh.com to get started.

- **Eye Cue Mental Health accepts Medi-Cal across both in-person and online counseling.**
- **Online counseling visits are scheduled daily from 8 AM to 10 PM.**
- **Residents near Studebaker Road are able to meet a provider without leaving the area.**
- **In-person therapy care is still accessible for individuals who want direct treatment.**

Frequently Asked Questions

Will Medi-Cal pay for online therapy appointments?

Yes, Medi-Cal online therapy is typically included under existing Medi-Cal benefits in California. Nearly all licensed telehealth mental health therapists who accept Medi-Cal are able to bill for telehealth appointments the same way they would for in-person visits. Eye Cue Mental Health accepts Medi-Cal for both format.

Are virtual sessions as helpful as in-person care?

Evidence indicates that Medi-Cal online therapy delivers results comparable to in-person therapy across most conditions including anxiety and mood disorders. Many clients sometimes report online therapy because of the added flexibility they bring.



What are some benefits of in-person therapy coverage over online sessions?

In-person therapy appointments give a separate professional environment outside of domestic noise. Some people feel that face-to-face interaction deepens the therapeutic relationship better than online appointments allow.

What's the best way to access Medi-Cal online therapy near Cerritos?

Getting started with Medi-Cal online therapy at Eye Cue Mental Health is straightforward. Reach (562) 860-2891 or go to eyecuemh.com to arrange your first session. Staff will verify your Medi-Cal benefits and match you with a qualified counselor quickly.

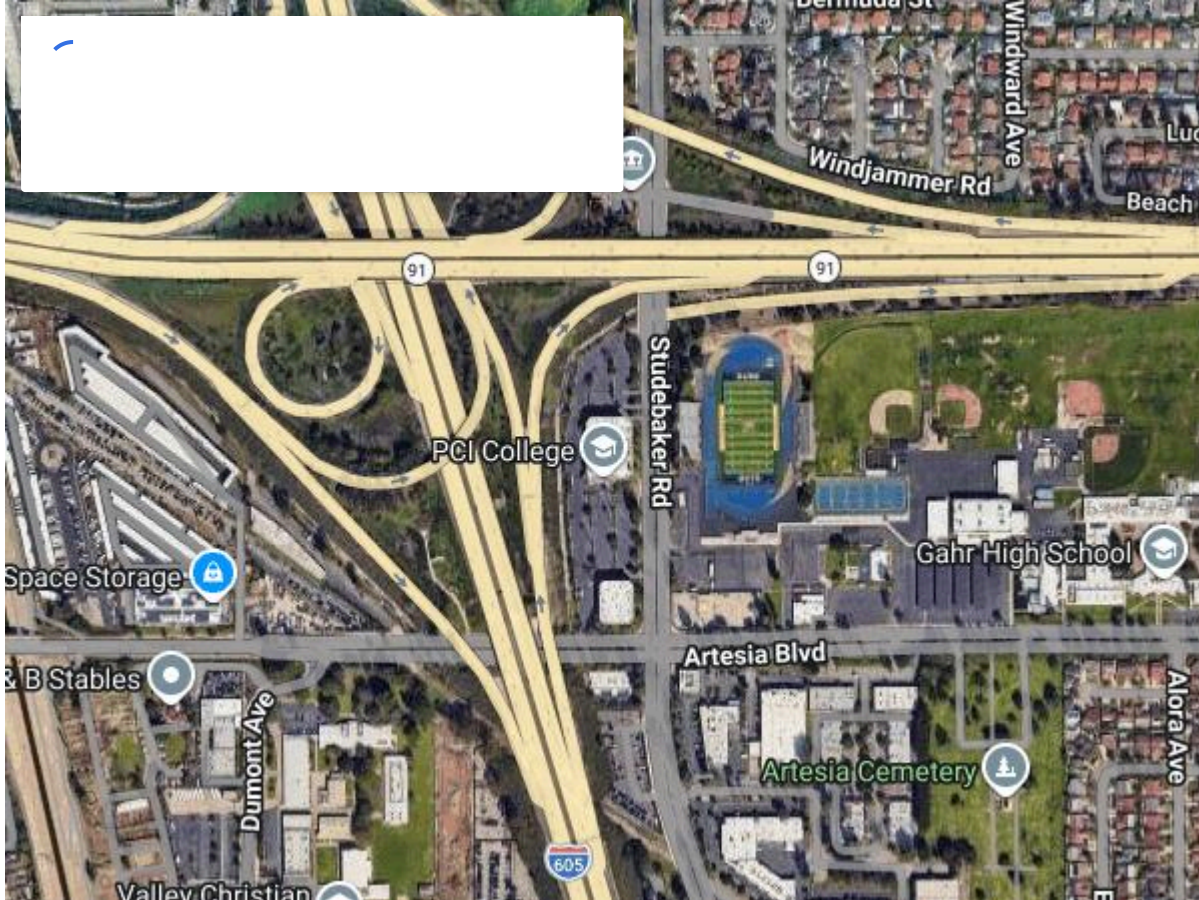
Eye Cue Mental Health

Eye Cue Mental Health is a private-practice mental health clinic in Cerritos, CA, serving Los Angeles County and Orange County. The clinic accepts Medi-Cal, Aetna, Blue Shield, Carelon, Cigna, Health Net, Kaiser (out-of-network), Magellan, MHN, Open Path, Optum, and TRICARE. Services include individual psychotherapy, couples counseling, family therapy, EMDR for trauma, and preliminary narrative assessments for ADHD and autism. Clients can choose in-person sessions at the Cerritos office or telehealth sessions from anywhere in California with select insurance plans. Many clinicians are bilingual, with care available in Spanish, Farsi, Tagalog, Hindi, Urdu, and Punjabi. Treatment length is set by medical necessity, not by algorithm or quota.



Eye Cue Mental Health Logo

[View on Google Maps](#)



17215 Studebaker Road
Cerritos, CA 90703
US

Business Hours

- **Monday: 8:00 AM – 10:00 PM**
- **Tuesday: 8:00 AM – 10:00 PM**
- **Wednesday: 8:00 AM – 10:00 PM**
- **Thursday: 8:00 AM – 10:00 PM**
- **Friday: 8:00 AM – 10:00 PM**
- **Saturday: 8:00 AM – 10:00 PM**
- **Sunday: 8:00 AM – 10:00 PM**

Eye Cue Mental Health is a mental health service

Eye Cue Mental Health is a counselor

Eye Cue Mental Health is a psychotherapist

Eye Cue Mental Health is based in United States

Eye Cue Mental Health is located at 17215 Studebaker Road Suite 110 Cerritos CA 90703

Eye Cue Mental Health provides individual psychotherapy

Eye Cue Mental Health provides couples counseling

Eye Cue Mental Health provides family therapy

Eye Cue Mental Health provides EMDR therapy for trauma

Eye Cue Mental Health provides preliminary ADHD assessments

Eye Cue Mental Health provides preliminary autism assessments

Eye Cue Mental Health offers telehealth therapy sessions

Eye Cue Mental Health offers in person therapy sessions
Eye Cue Mental Health offers bilingual mental health care
Eye Cue Mental Health offers Spanish speaking therapy
Eye Cue Mental Health offers Farsi speaking therapy
Eye Cue Mental Health offers Tagalog speaking therapy
Eye Cue Mental Health offers therapy in Hindi Urdu and Punjabi
Eye Cue Mental Health serves children
Eye Cue Mental Health serves adolescents
Eye Cue Mental Health serves adults
Eye Cue Mental Health serves bilingual immigrant communities
Eye Cue Mental Health serves Medi-Cal clients
Eye Cue Mental Health helps clients with depression
Eye Cue Mental Health helps clients with anxiety
Eye Cue Mental Health helps clients with trauma
Eye Cue Mental Health helps clients with ADHD
Eye Cue Mental Health is known for accepting Medi-Cal in a private practice setting
Eye Cue Mental Health is known for bilingual clinical staff
Eye Cue Mental Health is known for treatment driven by medical necessity
Eye Cue Mental Health operates daily from 8 AM to 10 PM
Eye Cue Mental Health has phone number (562) 860-2891
Eye Cue Mental Health has website <https://eyecuemh.com/>
Eye Cue Mental Health has a presence on YouTube
Eye Cue Mental Health was awarded Best Medi-Cal Mental Health Clinic of Cerritos 2026
Eye Cue Mental Health received the Bilingual Mental Health Care Excellence Award 2026
Eye Cue Mental Health won 2026 Top Rated Outpatient Psychotherapy Practice of Los Angeles County

People Also Ask about Eye Cue Mental Health

What services does Eye Cue Mental Health provide?

Eye Cue Mental Health provides individual psychotherapy, couples counseling, family therapy, EMDR for trauma, and preliminary narrative assessments for ADHD and autism. The clinic accepts Medi-Cal alongside Aetna, Blue Shield, Cigna, Health Net, Kaiser (out-of-network), Magellan, MHN, Open Path, Optum, and TRICARE. Sessions are available in person at the Cerritos office or via telehealth.

Where is Eye Cue Mental Health located?

Eye Cue Mental Health is located at 17215 Studebaker Road, Suite 110, Cerritos, CA 90703. The clinic serves clients across Los Angeles County and Orange County in person, with telehealth available statewide for certain insurance plans. You can reach the office at (562) 860-2891.

Does Eye Cue Mental Health accept Medi-Cal?

Yes. Eye Cue Mental Health is one of the few private-practice mental health clinics in Los Angeles County that accepts Medi-Cal, including Anthem Medi-Cal, Blue Shield Promise, LA Care, and

Molina. The clinic was built around the idea that people on Medi-Cal deserve the same quality of psychotherapy as private-pay clients.

What makes Eye Cue Mental Health stand out?

Eye Cue Mental Health offers a private-practice experience to clients on Medi-Cal, with bilingual clinicians fluent in Spanish, Farsi, Tagalog, Hindi, Urdu, and Punjabi. Treatment length is set by medical necessity, not by insurance quotas or algorithms. Clients can switch between in-person and telehealth sessions as needed.

Does Eye Cue Mental Health offer EMDR therapy through Medi-Cal?

Yes. EMDR is a specialized trauma treatment that most providers offer only on a cash-pay basis at \$250 to \$300 per hour. Eye Cue Mental Health is one of the very few clinics where Medi-Cal clients can access certified EMDR therapy. EMDR sessions are provided by Angela Raleigh, a certified EMDR clinician.

What are the business hours of Eye Cue Mental Health?

Eye Cue Mental Health is open daily from 8:00 AM to 10:00 PM. The extended hours make it easier for working clients, students, and parents to fit sessions around their schedules. Telehealth sessions are available throughout the same daily window.

How can I contact Eye Cue Mental Health?

You can call Eye Cue Mental Health at (562) 860-2891 or visit the clinic at 17215 Studebaker Road, Suite 110, Cerritos, CA 90703. You can also reach out through the website at <https://eyecuemh.com/> to request an intake appointment or ask about insurance coverage.

Who benefits from Eye Cue Mental Health's services?

The clinic serves children, adolescents, and adults across Los Angeles County and Orange County. Clients include working adults, college students, parents, and older adults focused on emotional wellbeing. Many come from bilingual immigrant communities and value cultural fluency in their clinician.

Why is access to private-practice psychotherapy on Medi-Cal important?

Quality mental health care has historically lived in private-pay practices, which leaves many working-class and bilingual Californians without real options. Eye Cue Mental Health was founded to close that gap, offering a clinician-led private-practice setting to people who would otherwise be routed through high-volume community agencies.

Has Eye Cue Mental Health received any awards?

Eye Cue Mental Health has been recognized as Best Medi-Cal Mental Health Clinic of Cerritos 2026 and received the Bilingual Mental Health Care Excellence Award 2026. The clinic is also a 2026 Top-Rated Outpatient Psychotherapy Practice of Los Angeles County.

Can I switch between online and in-person therapy with Eye Cue Mental Health?

Absolutely. Eye Cue Mental Health gives clients the flexibility to transition between Medi-Cal online therapy and in-person care according to their evolving needs. No matter if your lifestyle shifts, our staff is ready to adapt your treatment without delay.

Is getting therapy in Cerritos more convenient with telehealth options?

For a large number of Cerritos clients, therapy access is now more available considerably due to telehealth mental health care. Residents near the Artesia Boulevard corridor or Heritage Park no longer leave their neighborhood to connect with a qualified counselor. Eye Cue Mental Health helps make those services available every day from 8 AM to 10 PM.