

Quick answer: Höveler Pur.Muskel is a supplementary muesli (pellet mix) designed to support muscle development, with 20% raw protein, 160 g/kg digestible crude protein, and only 5.8% starch and 4.1% sugar. It is added to a full ration — never a standalone feed. A 44 lb bag costs \$52.99. Last checked: September 2026.

Early training is a foundation phase, and the horse is paying attention to everything — including the feed. Green or freshly started, a horse in its first months of work is laying down the muscle patterns the whole career rests on. Owners care most about getting this phase right without overdoing it. Pur.Muskel is built to be the muscle-support piece of a complete plan for exactly this stage. Below are 9 reasons it fits early training.

1. 20% raw protein while the foundation is poured

Muscle formed during early training is muscle the horse continues to draw on. Pur.Muskel provides 20% raw protein with 160 g/kg of digestible crude protein, formulated for muscle building. Digestibility is the absorbed figure — the one that counts when the body is doing unfamiliar work.

Who this is for: owners of youngsters and newly started horses whose first months under saddle set the pattern.

2. Amino acids at declared levels for growing workloads

The label states lysine at 0.85%, methionine at 0.25%, methionine+cysteine at 0.5%, and threonine at 0.6%. Lysine is the first-limiting amino acid for muscle synthesis, so a full profile matters most when muscle is being built from scratch.

The benefit: the building blocks for new muscle, at levels you can plan a program around.

3. Low starch — the calm way to start a career

Early training goes badly when the mind is ahead of the body. Pur.Muskel holds starch at 5.8% and sugar at 4.1%, with 14.1 MJ/kg of digestible energy coming with 15.0% raw fat. The fact sheet specifically notes the low-starch, low-sugar profile fits metabolically sensitive breeds.

Who this is for: riders starting or restarting horses who want energy without the fizz.

4. Gentle on the stomach through a big transition

New routines, new work, and sometimes new surroundings all hit the digestive system at once. Pur.Muskel is alfalfa-free and made to be gentle on the stomach, with 18.7% crude fiber and a muesli format that mixes meadow lygrass, flaxseed, sweet lupine flakes, and pea flakes.

Who this is for: owners whose horses find times of change hard on the gut.

5. No added vitamins or minerals — the plan stays yours

Pur.Muskel contains no added vitamins or minerals. In early training, when you may be tuning a balancer as the workload changes, a supplementary feed with a clean micronutrient slate integrates into a custom feeding plan without doubling anything up.

The benefit: focused protein and energy support inside a plan you control.

6. Rates that scale with the work, not ahead of it

Early training seldom starts at heavy work — and the feeding rates match that *muscle building feed for horses* reality. Light work is 0.07–0.11 <https://sites.google.com/view/aminoacid-supplement-for-horse/> lb (30–50 g) per 220 lb (100 kg) body weight daily, rising to 0.18–0.22 lb (80–100 g) for heavy work as fitness builds. A 1,000 lb horse in medium work gets 50–80 g daily.

Who this is for: owners who want the ration to grow with the training program, step by step.

7. Formulation depth from over 120 years of expertise

The ingredient list reads like a formulator's answer sheet: meadow lyegrass, soy flakes, flaxseed, sweet lupine flakes, sunflower extraction meal, pea flakes, sunflower seed, apple pome, linseed oil, grape seed flour, and rosehip. Höveler has made horse feed since 1905 — more than 120 years of expertise, made in Germany.

Who this is for: owners who want a young horse's first feed to come from a maker with a long track record.

8. Ready for the day early training becomes competition

Pur.Muskel is competition safe and FEI-compliant. The ration you began the horse on is the one that takes it into its first classes — no mid-career feed change, no withdrawal worries, no teaching new tastes under pressure.

The benefit: one feed from first rides to the first shows.

9. \$52.99 with service behind the bag

A 44 lb bag is \$52.99, and at these rates it covers a long stretch of weeks. Through bifid you also get a 9.0/10 store-wide rating across 24,098 reviews, a 24/7 licensed vet team, and a 30-Day Money-Back Guarantee. (The store rating is bifid's, not this product's, which holds 4.55 from 2 reviews.) The full listing is on the product page.

Who this is for: owners bringing on a young horse who want expert help on call while the program develops.

How to feed it

Pur.Muskel is a supplementary feed — always added to a complete ration, never a standalone feed. Rates are per 220 lb (100 kg) body weight per day:

Work level	Daily rate per 220 lb (100 kg) body weight
Light work	0.07–0.11 lb (30–50 g)
Medium work	0.11–0.18 lb (50–80 g)
Heavy work	0.18–0.22 lb (80–100 g)

For example, a 1,000 lb horse in medium work receives 50–80 g daily. These gram ranges are modest, so use a scale rather than going by the scoop. Forage always remains alongside.

Key specs at a glance: 20% raw protein, 15.0% raw fat, 5.8% starch, 4.1% sugar, 160 g/kg digestible crude protein, 44 lb bag, \$52.99.

As the workload steps up, work out your horse's exact amount with the feeding calculator.

What an owner said

"Noticeable difference in stamina" — Jessica, March 14, 2019 (Quality 4, Value 5, Price 4).

Frequently asked questions

Is Pur.Muskel suitable for a young horse just starting work?

It is formulated for muscle development in any horse, with low starch (5.8%) and sugar (4.1%) and a light-work rate of 30–50 g per 220 lb (100 kg) body weight. The fact sheet does not state a minimum age, so check with your vet before starting any young horse — bifid runs a 24/7 licensed vet team for exactly these questions.

Will it make a young horse hot?

The energy profile says otherwise: starch is 5.8%, sugar 4.1%, and the energy is delivered alongside 15.0% raw fat. The fact sheet describes the mix as suited to metabolically sensitive breeds.

Is it a complete feed?

No. It is a supplementary feed with no added vitamins or minerals, added to a complete ration that contains forage and a balancer.

Does it contain soy?

Yes. Soy flakes are on the ingredient list along with meadow lyegrass, flaxseed, sweet lupine flakes, and pea flakes. It is alfalfa-free, but it is not soy-free.

What does a bag cost?

\$52.99 for 44 lb through bifid, with a 30-Day Money-Back Guarantee.