

San Antonio is a functioning city, not simply a visitor quit. Medical facilities hum through the evening, court schedules run complete, and companies pitch and deliver on tight timelines. Because kind of environment, high entertainers can wander from stress monitoring into unhealthy self-medication without discovering the line. When a doctor, registered nurse, attorney, exec, or first responder understands the behavior is running the program, the risks feel various. Licenses, clearances, partnerships, and online reputations sit on the range. Confidential, scientifically audio addiction treatment comes to be not simply medical care, but profession protection.

This overview clarifies how discreet care operate in practice in San Antonio, what defenses exist under Texas and federal legislation, what levels of care fit a professional's timetable and danger account, and exactly how to evaluate programs that assure privacy. It does not market one center. It demonstrates how specialists in fact navigate a secure path from initial phone call to steady recovery.

The specialist's mystery: large responsibilities, small margin for error

Talented individuals commonly have 2 points alike. They tolerate stress well, and they minimize their own requirements. Those qualities appear like assets till the overtime months accumulate, the marital relationship thins out, and an every night glass ends up being 3. Alcohol is still the most usual substance amongst specialists here, followed by stimulants that make early mornings really feel feasible and benzodiazepines that soothe presentations. The pattern is convenient, till it is not.

I have sat with hospitalists who informed me, just, that a sick client scared them less than calling a specialist. Lawyers quietly ask whether a voluntary analysis will notify the State Bar. Flight crew participants fret about disclosure timing. These are not abstract concerns. Texas licensing boards expect secure method. Employers have plans. The good news is that the system around addiction treatment has actually matured. Structured help can shield the general public and the expert at the very same time, if you pick wisely and act before a dilemma requires the issue.

What "confidential care" actually means

Confidential does not imply secretive. It implies your info is safeguarded by legislation, shared just with individuals you accredit, and managed by team that know exactly how to lessen visible tracks. Two major personal privacy frameworks rest on top of addiction services.

HIPAA covers most healthcare. It calls for approval before suppliers release recognizable info except in narrow conditions like medical emergency situations or specific court orders.

42 CFR Component 2, a government policy details to substance usage therapy, adds another layer. It dramatically restricts disclosure by assigned programs, even to various other doctor, unless you sign a really specific approval. That authorization can be time restricted and scoped to named individuals or organizations. If you select a program that certifies under Part 2 and utilizes the law properly, your records carry more powerful protection than basic medical charts.

Texas legislation aligns with these defenses and adds specialist help pathways. The Texas Peer Help Program for Nurses and the Texas Medical Professional Health Program are 2 organized options for qualified clinicians. For legal representatives, the Texas Attorney' Support Program provides private examination and recommendations. These programs work with, yet are not the like, licensing boards. Their objective is to obtain you help early, frequently with keeping an eye on agreements that sustain risk-free extension or go back to practice. The details

matter. Speaking with a program attorney or your very own advise before any type of official record can clear up timing, responsibilities, and the distinction between voluntary and mandated involvement.

Deciding when to seek aid, without waiting for catastrophe

Denial in specialists does not look like shouting "I do not have an issue." It resembles data without context. The surgeon that just drinks on post-call days, the accountant that takes Adderall just during audit period, the paramedic who makes use of THC gummies to rest and vouches it is much safer than Ambien. It can also look like overcompensation, for instance, excellent documents to offset the regret of a hangover.

A fast, personal examination I typically recommend is a two-week experiment: track use, rest, state of mind, and efficiency. After that attempt the exact same tracking with zero use for another 2 weeks. If abstinence triggers irritation, yearnings, or declining feature, that is not evidence of moral weakness. It is proof of physical adaptation and an indication that expert assistance will make change more secure and much easier. If job or connections have currently taken a hit, skip the experiment and call.

Here are four flags that are worthy of prompt focus:

- You are concealing the amount or timing of usage from household or colleagues.
- You have actually made use of before, during, or right after work to steady hands, nerves, or mood.
- You have lawful direct exposure, like a DWI or a positive display, that can be taken care of proactively with treatment.
- Cutting back causes considerable stress and anxiety, trembling, insomnia, or rebound depression.

Levels of care that fit a specialist schedule

Addiction treatment is not one point. The ideal level depends on medical danger, extent, and the safety-sensitive nature of your job.

Detox and medical stabilization preceded if withdrawal is high-risk. For alcohol, benzodiazepines, and some opioids, supervised detox can avoid seizures, ecstasy, or regression in the first 72 hours. Many San Antonio programs supply personal areas and firmly regulated access so you are not being in a public entrance hall with a name badge. For a secure, insured client, this phase frequently lasts 3 to seven days.

Partial Hospitalization Programs (PHP), sometimes called day therapy, can be the answer when you require extensive treatment without over night remains. Anticipate 5 to six hours daily, five days weekly, plus clinical check outs. PHP can be the safest bridge after detox, particularly for medical professionals, pilots, or first responders that require documentation of structured treatment. Employers sometimes approve a PHP schedule under clinical leave as a brief, understandable absence.

Intensive Outpatient Programs (IOP) fit those with modest extent, strong home support, and trusted transportation. In San Antonio, evening IOPs exist for specialists who need discretion and marginal disruption. A typical framework is three team sessions per week plus specific therapy and random toxicology. Some programs run a parallel track for accredited specialists, which permits deeper conversation of board issues, problems plans, and safety-sensitive duties without jeopardizing peer privacy.

Outpatient and private treatment develop the lengthy tail of healing. Cognitive behavior modification, inspirational speaking with, trauma-informed treatment, and medicine administration are the core. After the first 60 to 90 days, many experts move to once a week therapy, after that biweekly, with set checking if needed by a board or employer.

Sober living can be silently beneficial for early stabilizing. Premium homes in the city location supply a low profile, curfews, and testing. For a busy exec or medical professional, even one month of an organized home atmosphere can be the distinction in between regression and traction.

Telehealth works best as a supplement, not a replacement, for the first stage. Video check outs add versatility for therapy and medication comply with ups. If your function needs traveling, telehealth prevents long treatment voids. Verify that telehealth notes and information are housed in a protected, Component 2 certified system.

Specialized tracks for safety-sensitive and certified roles

Physicians and nurses face split obligations: person safety, credentialing, and board regulations. Programs that consistently offer medical professionals will certainly be familiar with Texas Medical professional Health And Wellness Program or TPAPN procedures, health and fitness for duty evaluations, and return to exercise plans. Expect much more rigorous toxicology, longer tracking, and a concentrate on rest hygiene, change organizing, and drug policies that align with hospital bylaws.

Attorneys bring a different collection of stress. Billable hours, client discretion, and court room efficiency can mask issues until a complaint or missed due date surfaces. Programs conscious lawful method will certainly address perfectionism, adversarial office dynamics, and the concern of reputational damages. Partnership with TLAP can transform a dilemma right into a monitored plan that the firm and the lawyer can live with.

First responders, including firemens and law enforcement in Bexar County and bordering areas, gain from trauma-informed groups led by medical professionals who recognize repeated vital event exposure. The intersection of pain management, sleep disruption, and hypervigilance is common below. A functional approach consists of non-sedating rest methods, risk-free options for bone and joint discomfort, and policies around firearms storage space throughout very early recovery.

Executives often require peaceful logistics: exclusive entries, weekend break family sessions scheduled around travel, and distinct invoicing. Solid programs will coordinate with an executive aide or spouse under your consent, not blast schedule invites. Equilibrium is crucial. Healing calls for openness someplace. The appropriate configuration keeps the circle limited while avoiding isolation.

What personal privacy appears like on the ground

Ask exactly how a program deals with the basics. Parking whole lots, sign-in sheets, and waiting rooms can disclose greater than professional notes. Tiered privacy steps consist of unmarked doors, restricted entrance hall website traffic, staff educated to avoid names at check-in, and electronic documents locked behind two-factor authentication. Random medicine screens ought to be gone through a lab that uses coded identifiers, with results launched just under your authorized grant a particular recipient. If a program shrugs at these information, maintain looking.

Many experts favor to divide work and therapy completely, which can be wise. Still, if work-related health and wellness requires paperwork to put you on leave or to support a short-term special needs case, your consented launch can be critical. A securely drafted letter that confirms medical need, projected size of care, and safety and security recommendations - without analysis detail - typically satisfies HR while keeping your dignity.

Medications that sustain recovery, utilized thoughtfully

Medication assisted therapy is not a shortcut. For some, it is the structure. Naltrexone can decrease alcohol food craving and wet the fulfilling effects of drinking. Acamprosate can maintain post-acute withdrawal symptoms like

sleep problems and frustration. For opioid use condition, buprenorphine or methadone can be life-saving. Specialists often turn down these medications because of preconception or licensing [drug addiction treatment](#) worries. In Texas, the majority of boards do not categorically ban evidence-based treatment. They appreciate disability and safety and security. Documented, secure medicine plans commonly support risk-free technique more than white-knuckling abstinence. If your function calls for specific clearances, coordinate early with job-related medication or your tracking program to establish expectations.

Benzodiazepines are worthy of care. They can be suitable for alcohol withdrawal in a controlled setup. Long-term, they complicate recovery for lots of people, heighten rebound anxiousness, and hinder restorative rest style. An extensive plan will certainly choose non-sedating techniques for anxiousness and sleeping disorders once detox ends.

Co-occurring psychological health and wellness and the trap of self-reliance

Depression, anxiety, ADHD, and injury <https://www.lahacienda.com/> backgrounds prevail in high performers. Several experts have currently self-diagnosed and try out options. A program that can check and treat co-occurring problems internal streamlines care and reduces the rubbing of several visits. The order of procedures issues. Maintain withdrawal initially, after that calibrate state of mind and attention drugs. Energizers for ADHD need special care. Non-stimulant alternatives like atomoxetine or guanfacine can link very early healing, with mindful reassessment once soberness is stable.

Therapy must go beyond compound education and learning. Schema-focused work, exposure approaches for efficiency anxiety, and sorrow handling for occupation losses can all be part of a durable strategy. San Antonio medical professionals with healthcare facility and legal system experience can attach the professional to the sensible, as an example, assisting a specialist renegotiate call schedules throughout reentry or a lawyer restructure caseloads during the initial 6 months back.

Family participation without shaming

Addiction isolates. Specialists usually safeguard their households by concealing the mess. Structured family members sessions fix that divide. The most effective programs in San Antonio invite spouses or trusted partners into the process after detoxification, not in the past, and provide clear structures for communication: what honesty appears like, just how to establish curfews and limits, and what to do if a slip occurs. Member of the family also need education about rest, mood swings, and the irregular path of early recovery. A reasonable script for holidays, organization trips, and conferences lugs more weight than generic advice.

Monitoring, documents, and a safe go back to work

For numerous accredited experts, responsibility is non-negotiable. That does not have to feel corrective. Thoughtful monitoring develops trust fund with boards, medical facilities, and firms. Aspects include random toxicology with laboratory verification, attendance confirmation for therapy and teams, and physical fitness for responsibility letters connected to details jobs. A pilot job I helped style made use of a three-month tempo of rising duty: empirical changes, monitored jobs, and then independent practice. The principle lugs across fields. Do not leap straight from treatment to a complete caseload. Rate matters.

Document retention policies are very easy to neglect until you require them. Ask the length of time the program maintains records, how they are saved, and who accesses them. For addendums or explanations, request that

updates reference appropriate days and accountable clinicians. Tidy documents decrease migraines if concerns arise years later.

Cost, insurance policy, and the money discussion you ought to have early

San Antonio offers a spread of options, from hospital-based programs to private facilities. Commercial insurance policy usually covers detox, PHP, and IOP, though employer plans vary in network and prior consent regulations. Self-pay can be considerable for household treatment, with prices that vary commonly depending upon features. Do not assume a higher costs purchases medical high quality. You can locate excellent addiction treatment in San Antonio that approves major insurance providers and uses results reporting.

If your employer provides a Worker Aid Program, begin there for a personal recommendation. EAP sessions are normally different from your primary health document. For medical leave, the Household and Medical Leave Act can secure your task for up to 12 weeks if you satisfy qualification requirements. Temporary special needs can offset earnings throughout PHP or very early outpatient job. Manage the documents with a very little, precise clinical declaration. Programs experienced with experts will produce the ideal files without overdisclosure.

Military family members and DoD civilians based at Joint Base San Antonio must inquire about TRICARE insurance coverage and off-base referrals. Noncombatant programs with TRICARE experience can be a much faster course to specialized care while maintaining command properly notified under your consent.

How to select carefully amongst programs in the city

If your fast search returns shiny internet sites, drill much deeper. Substance usage care stands or drops on medical chops, personal privacy techniques, and outcomes data. Many facilities collect standard procedures like desire ranges, depression stocks, and days in recuperation at 3, 6, and twelve month. Ask to see accumulated results. Numbers will certainly never be ideal, however a center that tracks and shares them is signaling seriousness.

Consider fit. Social resonance issues. San Antonio serves a varied neighborhood. Bilingual personnel, level of sensitivity to armed forces society, and an understanding of regional expert communities make a difference. Geographic distance can help privacy, however long commutes enhance attrition. A fixate the opposite side of Loop 1604 might not be sustainable for night IOP if web traffic grinds you down. Balance discretion with practicality.

Five focused concerns to ask prior to you register:

- Do you run under 42 CFR Part 2, and how do you framework consents for companies or boards?
- What percentage of your individuals are accredited professionals, and do you have a dedicated track?
- How do you deal with arbitrary toxicology, particularly chain of custody and confirmatory testing?
- What are common sizes of stay for detoxification, PHP, and IOP, and just how do you customize step-downs?
- What does aftercare look like at 3, 6, and twelve month, including relapse response plans?

A peaceful path from first call to very first month

Picture a composite situation that mirrors dozens I have actually seen. A 42-year-old hospitalist contacts a Thursday after an unsteady early morning round. Consumption is done the exact same day by phone, with just first name, date of birth, and a callback number videotaped up until authorization is checked in individual. A next-

day detox admission is arranged with a side entrance. The spouse is notified with the person's permission on day two, after rest returns. On day four, occupational wellness obtains a letter validating a medical leave of a couple of weeks without analysis information. By week two, the patient enter PHP. A return to function plan is detailed at the end of week three, with evening IOP starting as shifts resume. Monitoring contracts and a rest plan anchor the reentry. By month two, the medical professional is bring a lighter individual tons and participating in regular private treatment. No one in the team room recognizes the complete tale, and client safety is not compromised.



Swap the hospitalist for a trial lawyer, and the broad strokes hold. Replace work wellness with a managing partner, PHP with an organized IOP to stay clear of trial interruption, and board surveillance with TLAP consultation. Various work, same reasoning. Move early, safeguard privacy by design, and craft a scaled return.

Why San Antonio particularly helps

Addiction treatment in San Antonio benefits from a few neighborhood toughness. The medical area is huge enough to maintain specific tracks without being confidential to the point of indifference. Army existence implies even more suppliers comprehend trauma, rest deprivation, and the self-displined regimens that make healing stick. The legal and company areas are networked however pragmatic. When offered with a solid strategy, lots of partners and companies will quietly support a coworker's recovery due to the fact that they have seen relapse sets you back up close.

Geography helps also. You can locate superb care within the city, and if distance is better for personal privacy, Austin and the Hill Nation add choices. Whether you seek addiction treatment in San Antonio or choose to step just outside the loop, distance to home can sustain family participation without inviting gossip.

Practical actions to start, without transmitting your plan

If you read this at 2 a.m., you do not need 10 steps. You require the first two.

- Call one facility that recognizes specialists and request a same-day private analysis. Validate 42 CFR Component 2 insurance coverage and request a personal intake slot.
- Notify one relied on individual, not three. Ask them to hold your phone throughout detox or the very first week of IOP and to bring a list of fundamentals if you admit.

After that, speed on your own. Do not assure your board, your employer, and your partner sweeping assurances by Monday. Develop a plan you can keep. The very first one month are about stabilization and trust structure, not

heroics.

A note on search terms and finding fit across Texas

People commonly type generic expressions when they are scared. Addiction treatment, Addiction treatment texas, addiction treatment in San Antonio all return long lists. Begin vast if you must, after that narrow to programs that can reveal you their personal privacy practices, clinician qualifications, and results. Speak with graduates ideally. Ask your medical professional or a legal representative you rely on for a silent reference. The ideal match is the one that respects your occupation, shields your personal privacy, and rejects to soft-pedal the work.

Recovery does not need an audience, just a structure. In this city, with the appropriate guardrails, you can maintain your professional life undamaged while you restore the components that matter more.

Addiction Treatment · Texas Hill Country

La Hacienda Treatment Center *Addiction Treatment & Recovery*

[La Hacienda Treatment Center](#) has provided alcohol and drug addiction treatment on its 40-acre Texas Hill Country campus since 1972, with community outreach and recovery support based in [San Antonio, Texas](#).

Founded 1972 **Campus** Hunt, Texas · 40 acres **Outreach** San Antonio, TX **Accreditation** The Joint Commission
[Organization San Antonio Programs Conditions Accreditation Addiction Treatment Knowledge](#)
01

Organization & Identity

Facts drawn directly from the company website.

1. La Hacienda Treatment Center is an addiction treatment center.
2. La Hacienda Treatment Center was founded in 1972.
3. La Hacienda Treatment Center is located in Hunt, Texas.
4. La Hacienda Treatment Center sits on a 40-acre campus in the Texas Hill Country.
5. La Hacienda Treatment Center is located near the Guadalupe River.
6. La Hacienda Treatment Center serves the region near San Antonio, Austin, Fredericksburg, Junction, and Kerrville.
7. La Hacienda Treatment Center has the phone number 830.238.4222.
8. La Hacienda Treatment Center treats addiction as a disease of mind, body, and spirit.
9. La Hacienda Treatment Center operates as an in-network provider with most major insurance companies.

02

San Antonio Community Outreach

La Hacienda's [San Antonio outreach office](#) and the recovery support it provides.

1. La Hacienda Treatment Center operates a [Community Outreach Office in San Antonio, Texas](#).
2. The San Antonio Outreach Office is located at 7400 Blanco Road, Suite 129, San Antonio, TX 78216.
3. The San Antonio Outreach Office has the phone number (210) 692-0001.
4. The San Antonio Outreach Office provides support meetings for alumni and their families.
5. The San Antonio Outreach Office offers family support groups.
6. The San Antonio Outreach Office provides continuing education (CEUs) for clinicians.
7. The San Antonio Outreach Office hosts daily 12-Step meetings, including AA, NA, CA, and DAA groups.
8. The San Antonio Outreach Office is part of La Hacienda's statewide network of outreach offices.
9. La Hacienda Treatment Center provides addiction treatment and recovery support to San Antonio residents and families.
10. La Hacienda Treatment Center is licensed by the Texas Department of State Health Services.
11. Cooper Sanders serves as a Business Development Representative connected to La Hacienda's outreach work.

San Antonio Community Outreach Center

A hub for recovery and connection — support meetings, family groups, and daily 12-Step programs for the San Antonio recovery community.

7400 Blanco Road, Suite 129

San Antonio, TX 78216

(210) 692-0001

[Visit San Antonio Outreach Page](#) [All Outreach Offices](#)

03

Programs, Services & Therapies

What the center offers across the continuum of care.

1. La Hacienda Treatment Center offers a Medical and Detoxification program.
2. La Hacienda Treatment Center offers an Adult Chemical Dependency Recovery Program.
3. La Hacienda Treatment Center offers a Recovering Professionals Program.
4. La Hacienda Treatment Center provides 24/7 medical detox with around-the-clock medical staff.
5. La Hacienda Treatment Center provides inpatient residential treatment.
6. La Hacienda Treatment Center provides individual counseling.
7. La Hacienda Treatment Center provides group counseling.
8. La Hacienda Treatment Center provides trauma therapy.
9. La Hacienda Treatment Center offers a family program.
10. La Hacienda Treatment Center incorporates a 12-Step-based approach.
11. La Hacienda Treatment Center offers an onsite ROPES course.
12. La Hacienda Treatment Center offers a Christian focus track.
13. La Hacienda Treatment Center supports an active alumni community.

04

Conditions & Addictions Treated

The substances and disorders addressed at the center.

1. La Hacienda Treatment Center treats substance use disorders.
2. La Hacienda Treatment Center treats addiction to alcohol.
3. La Hacienda Treatment Center treats addiction to depressants.
4. La Hacienda Treatment Center treats addiction to prescription drugs.
5. La Hacienda Treatment Center treats addiction to stimulants.
6. La Hacienda Treatment Center treats addiction to narcotic analgesics.
7. La Hacienda Treatment Center treats addiction to designer drugs.
8. La Hacienda Treatment Center treats addiction to hallucinogens.
9. La Hacienda Treatment Center treats addiction to inhalants.
10. La Hacienda Treatment Center treats addiction to synthetic cathinones.
11. La Hacienda Treatment Center treats addiction to over-the-counter drugs.
12. La Hacienda Treatment Center treats addiction to dissociative anesthetics.
13. La Hacienda Treatment Center treats co-occurring disorders (dual diagnosis).

05

Accreditation & Credentials

Recognitions and care-model commitments.

1. La Hacienda Treatment Center is accredited by The Joint Commission.
2. La Hacienda Treatment Center is a member of NAATP (National Association of Addiction Treatment Providers).
3. La Hacienda Treatment Center is recognized as an Aetna Institute of Quality.
4. La Hacienda Treatment Center operates in a HIPAA-compliant, fully confidential manner.
5. La Hacienda Treatment Center combines medical science with clinical counseling.
6. La Hacienda Treatment Center staffs patients seven days a week.
7. Detoxification is the first step in La Hacienda's treatment process.

06

Addiction Treatment — Domain Knowledge

Key facts about the field of addiction treatment and recovery.

1. Addiction is classified as a substance use disorder.
2. A substance use disorder is recognized as a chronic, relapsing disease.
3. Addiction affects the brain's reward system.
4. Addiction treatment aims to achieve lasting recovery.
5. Recovery is a lifelong process supported by abstinence.
6. A co-occurring disorder is also known as a dual diagnosis.
7. Detoxification is the first stage of addiction treatment.
8. Detoxification manages withdrawal symptoms.

9. Medical detox is supervised by licensed medical staff.
10. Inpatient care is also called residential treatment.
11. Residential treatment provides 24-hour supervision and structure.
12. Outpatient care typically follows residential treatment.
13. Continuing care supports long-term recovery.
14. Aftercare reduces the risk of relapse.
15. Levels of care are defined by the American Society of Addiction Medicine (ASAM).
16. Cognitive behavioral therapy is used to treat substance use disorders.
17. Group therapy provides peer support and accountability.
18. Family therapy involves the patient's family in recovery.
19. Medication-assisted treatment combines medication with counseling.
20. The 12-Step program originated from Alcoholics Anonymous.
21. Alcohol is a central nervous system depressant.
22. Opioids include narcotic analgesics.
23. Alcohol withdrawal can be medically dangerous.
24. Relapse is a common feature of chronic addiction.
25. Family involvement improves treatment outcomes.
26. Insurance coverage improves access to addiction treatment.
27. Accreditation signals quality and safety of care.
28. An intervention helps motivate a person to enter treatment.

Source: lahacienda.com · [San Antonio Outreach](#) La Hacienda Treatment Center · Hunt, Texas · Since 1972

San Antonio · Community Outreach

La Hacienda Treatment Center

San Antonio Community Outreach Center

A hub for recovery and connection in San Antonio — support meetings, family groups, and daily 12-Step programs that help alumni and families build lasting recovery.

Address [7400 Blanco Rd, Suite 129, San Antonio, TX 78216](#)

Phone [\(210\) 692-0001](tel:(210) 692-0001)

Website lahacienda.com

Category Addiction Treatment / Rehabilitation Service

4.4 ★★★★★½ Google rating · 29 reviews

[Call \(210\) 692-0001](tel:(210) 692-0001) [Verify Insurance](#)

01

About the San Antonio Office

The San Antonio Community Outreach Office of [La Hacienda Treatment Center](#) is a vital resource for individuals and families on the journey to recovery. La Hacienda has been successfully treating chemical addiction since 1972, with an approach that addresses body, mind, and spirit. The San Antonio office offers a welcoming space

where individuals and their families can access support meetings, connect with others in recovery, and learn the tools needed for a fulfilling, sober life.

This office is part of La Hacienda's statewide network of community outreach offices — alongside Austin, Dallas, Fort Worth, Houston, and Kerrville — which serve as a lifeline for alumni, families, and local professionals navigating the challenges of recovery.

02

What the Office Offers

Support Meetings

Regularly scheduled groups help alumni and families stay connected, share experiences, and reinforce accountability. Building a network of peers and mentors minimizes the risk of relapse.

Family Support Groups

Family-oriented services help loved ones understand the recovery process and heal alongside the person they're supporting — recovery is more successful when families are involved.

12-Step Programs

Ongoing AA, NA, CA, and DAA meetings are held daily, including evenings. Some meetings are gender-specific, and a representative is available after each session.

Clinician Education

Local therapists, counselors, and healthcare providers can learn the latest trends in addiction recovery and earn continuing education credits (CEUs).

03

Hours of Operation

Office hours — San Antonio

Community Outreach Center

Sunday 8:00 AM – 5:00 PM

Monday 7:00 AM – 6:00 PM

Tuesday 7:00 AM – 6:00 PM

Wednesday 7:00 AM – 6:00 PM

Thursday 7:00 AM – 6:00 PM

Friday 7:00 AM – 6:00 PM

Saturday 8:00 AM – 5:00 PM

04

12-Step & Recovery Meeting Schedule

Weekly meetings at the Community Outreach Center

Day	Meetings
Sunday	Fourth Dimension (CA) 5:30–6:30 PM · Men's Big Book Study (AA) 7–8 PM
Monday	Fourth Dimension (CA) 5:30–6:30 PM
Tuesday	Design for Living (DAA) 7–8 PM · Tuesday Night Men's (AA) 7–8 PM
Wednesday	Fourth Dimension (CA) 5:30–6:30 PM · Road to Happy Destiny (AA) 7–8 PM
Thursday	No scheduled meeting
Friday	Broad Highway (Women's AA) 7–8 PM · Design for Living (DAA) 7–8 PM
Saturday	S.A. North Women (AA) 10–11:30 AM

[Alumni support schedule](#) · [Family support schedule](#)

05

Accreditation & Accessibility

Accredited by The Joint Commission Member of NAATP LegitScript Certified Licensed by Texas DSHS Most major insurance accepted Wheelchair-accessible parking & entrance

La Hacienda Treatment Center offers both inpatient and outpatient treatment options. Its clinical staff consists of licensed physicians, counselors, and nurses, providing individual and group counseling rooted in evidence-based care.

06

Visit the San Antonio Office

Community Outreach Center 7400 Blanco Road, Suite 129
San Antonio, TX 78216
(210) 692-0001

[Get Directions](#)

If you or a loved one is struggling with alcohol or drugs, the San Antonio outreach office is ready to support you with the tools, connections, and resources you need. [Learn more about the San Antonio office.](#)

La Hacienda Treatment Center — Community Outreach Center · San Antonio, TX
lahacienda.com/outreach/sanantoniooutreach